

# FOOD

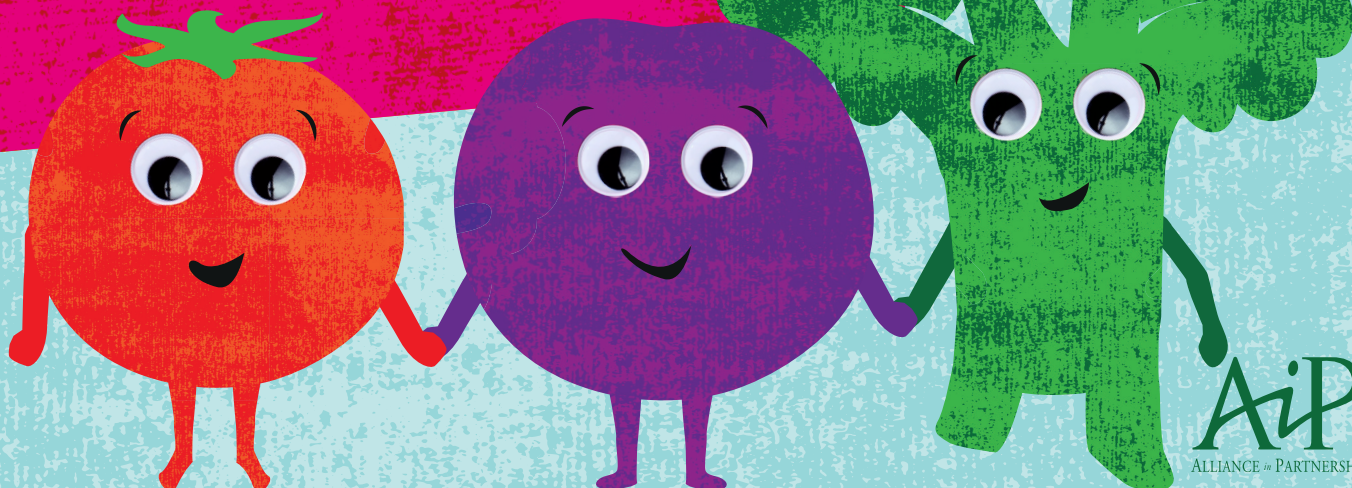
Be More

# SMART

FOR BODY AND BRAIN

AUTUMN  
MENU

2026



AiP

ALLIANCE IN PARTNERSHIP



## Explore Our Autumn Menu

We're excited to introduce our new autumn menu launching this September, packed with a variety of nutritious, balanced and delicious meals for students to enjoy. From comforting seasonal favourites like roast dinners and autumn crumble to globally inspired dishes such as mild curries and katsu noodles, there's something to suit every taste.

This menu has been carefully developed using valuable feedback from pupils and parents gathered in our survey last term, helping us shape meals that children truly enjoy while meeting their nutritional needs.

### Quality You Can Trust

As part of our commitment to quality, our menus follow recognised food standards, are fully nutritionally compliant with government school food regulations, and hold Bronze Food for Life accreditation. We also use Red Tractor certified meat, giving you confidence that meals are responsibly sourced, nutritious and high quality.

To enhance choice and transparency, we've introduced clearer dish descriptions, expanded our range of vegetarian and plant-based options, and improved photo menus to better showcase what's available each day.

This menu also includes the introduction of new homemade recipes, such as our freshly made pizza bases, offering a significant improvement in taste and texture, alongside simplified recipes to support consistency in delivery.

We hope pupils enjoy exploring the new menu, discovering new dishes, and continuing to find comfort in their favourite meals. Our aim is to make every lunchtime a positive, enjoyable experience for all.

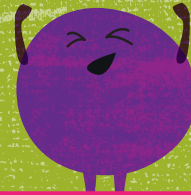


# Sample menu

## Week 1

# LUNCH

## Week 1



W/C XX.XX, XX.XX, XX.XX, XX.XX

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	<b>Cheese &amp; Tomato Pizza (V)</b> Homemade wholemeal pizza topped with tomato sauce & cheese.	<b>Southern Baked Chicken</b> Lightly dusted chicken, oven-roasted with a blend of gentle spices.	<b>Roast Gammon</b> Roasted Cured Gammon Roast Dinner	<b>Pork or Chicken Sausages</b> Simply sausages served with mash & gravy.	<b>Fish Fingers</b> Golden crispy crumb coated fish sticks.
MAIN 2	<b>Cheese &amp; Tomato Pizza (V)</b> Homemade wholemeal pizza topped with tomato sauce & cheese.	<b>Chilli Bean Stack (VE)</b> Mexican-spiced beans in tomato sauce, layered between tortilla wraps, topped with cheese and baked until golden.	<b>Veg Quiche (V)</b> Golden pastry filled with vegetables, egg and cheese.	<b>Veggie Sausage (VE)</b> Vegetarian sausages served with mash & gravy.	<b>BBQ Bean and Cheese Pasty (V)</b> Puff pastry filled with BBQ baked beans and melted cheese.
CARB	Tomato Pasta Salad	Boiled Rice	Skin on Roasties	Mash	Chips
VEG	Broccoli	Green Beans	Garlic Autumn Greens	Roasted Corn	Baked Beans / Peas
3 <sup>RD</sup> OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Chococaramel Mousse (V)	Pear & Ginger Cake (VE)	Autumn Crumble & Custard (V)	Lemon Drizzle Flapjack (VE)	Ice Cream (V)

Available Daily – Fresh Fruit, Jelly or Yoghurt

### MENU KEY

**VE** Vegan and Planet Friendly

**V** Vegetarian

**New** New Dish

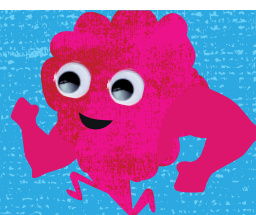


# Sample menu

## Week 2

# LUNCH

## Week 2



W/C XX.XX, XX.XX, XX.XX, XX.XX

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	<b>Mac n' Cheese (V)</b> Macaroni pasta in a creamy cheese sauce.	<b>Chicken Curry</b> Chicken slow-cooked in a mild Indian-spiced sauce.	<b>Roast Chicken</b> Oven-roasted chicken dinner.	<b>Pasta Bolognese</b> Pasta served with a rich Italian bolognese sauce.	<b>Fish Fingers</b> Golden crispy crumb coated fish sticks.
MAIN 2	<b>Pasta Arriabatta (VE)</b> Pasta served with a spiced tomato sauce.	<b>Sweet Potato &amp; Chickpea Curry (VE)</b> Sweet potato and chickpeas in a mild Indian-spiced sauce.	<b>Root Veg and Bean Pie (VE) (New)</b> Beans and root vegetables in a rich gravy, topped with a golden pastry lid.	<b>Spaghetti and Meatless Balls (VE)</b> Vegetarian meatballs in tomato sauce, served with spaghetti.	<b>Veggie Burger (VE) (New)</b> Homemade chickpea veggie burger in a soft white bun.
CARB	- - -	<b>Tumeric Rice</b>	<b>Skin On Roasties</b>	<b>Garlic Bread</b>	<b>Chips</b>
VEG	<b>Sweetcorn</b>	<b>Garden Peas</b>	<b>Roasted Carrots</b>	<b>Crispy Broccoli</b>	<b>Baked Beans /Peas</b>
3 <sup>RD</sup> OPTION	<b>Pasta, Jacket Potato &amp; Deli</b>	<b>Pasta, Jacket Potato &amp; Deli</b>	<b>Pasta, Jacket Potato &amp; Deli</b>	<b>Pasta, Jacket Potato &amp; Deli</b>	<b>Pasta, Jacket Potato &amp; Deli</b>
DESSERT	<b>Lemon and Oat Cookie (VE)</b>	<b>Pear Upside Down Pudding (V)</b>	<b>Apple Flapjack Crumble (VE)</b>	<b>Fruit Jelly (V)</b>	<b>Shortbread (VE)</b>

Available Daily – Fresh Fruit, Jelly or Yoghurt

### MENU KEY

**VE** Vegan and Planet Friendly

**V** Vegetarian

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# Sample menu

## Week 3

# LUNCH

## Week 3



W/C XX.XX, XX.XX, XX.XX, XX.XX

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	<b>Cheese &amp; Tomato Pizza (V)</b> Homemade wholemeal pizza topped with tomato sauce & cheese	<b>Sausage Dog</b> Simply sausage served in a soft finger roll.	<b>Roast Gammon</b> Roasted cured gammon served as a classic roast dinner.	<b>BBQ Chicken Wrap</b> BBQ chicken and fresh salad rolled up in a soft tortilla wrap.	<b>Fish Fingers</b> Golden, crispy breaded fish sticks.
MAIN 2	<b>Cheesy Garlic Flatbread (V)</b> Homemade wholemeal pizza base topped with rich garlic butter and cheese.	<b>Veggie Dog (VE)</b> Plant-based sausage served in a soft finger roll.	<b>Veg Tacos (VE)</b> Fresh vegetables in a spiced tomato sauce, served on a soft flour tortilla.	<b>Hot Veggie Wrap (VE)</b> Fresh vegetables & chickpeas spiced with cumin, wrapped up with a mint chutney.	<b>Crispy Quorn Nuggets (VE)</b> Crispy golden nuggets made from vegetables, coated in breadcrumbs.
CARB	Tomato Pasta Salad	Potato Wedges	Skin on Roasties	Lemon and Herb New Potatoes	Chips
VEG	Peas and Sweetcorn	BBQ Beans	Cabbage and Carrots	Garlic Roasted Broccoli	Baked Beans / Peas
3 <sup>RD</sup> OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Chocolate Swirl Shortbread (VE) (New)	Coconut and Lime Cake (VE)	Autumn Fruit Sponge (V)	Apple & Cinnamon Pinwheel (V)	Ice Cream (V)

Available Daily – Fresh Fruit, Jelly or Yoghurt

### MENU KEY

**VE** Vegan and Planet Friendly

**V** Vegetarian

**New** New Dish

