

PGL - Liddington



Residential for 2022

Monday 28th March – Friday 1st April 2022

Our Aims:

- ▶ To develop confidence & self-esteem;
- ▶ To develop increased independence;
- ▶ For children to see peers and adults in different light;
- ▶ For children to reflect on their own skills and challenge themselves;
- ▶ To create a supportive environment where children feel they can push themselves further.



Accommodation





Example of a PGL Day!

Time	Activity
08.00	Breakfast
09.00 - 10.30	1 st activity
10.30 - 12	2 nd activity
12 - 14.00	Lunch
14.00 - 15.30	3 rd activity
15.30 - 17.00	4 th activity
17.00 - 19.00	Supervised free time Evening Meal & 'Nomination' time Passports
19.00-20.30 20.30-21.00	Evening Entertainment Nominations Itinerary for next day
21:00/21.15	Lights out!



Meal Times



Sample Activities

Abseiling
Orienteering
Giant Swing
Jacobs Ladder
Problem Solving
Archery
Fencing

Trapeze
Zip Wire
Quad Biking
Raft Building
Tunnel Trail
Crate Challenge









